



JANUARY 2010

is...

Cervical Health
Awareness
Month

Glaucoma
Awareness
Month

National Birth
Defects
Prevention
Month

National Radon
Action Month

Thyroid
Awareness
Month

And has...

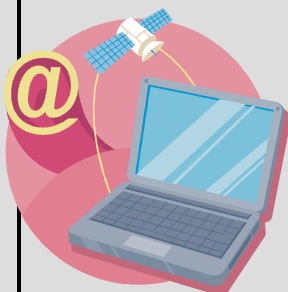
National Folic
Acid Awareness
Week

For more
information on
these observances
or future
observances, go to
U.S. Department
of Health and
Human Services at
www.healthfinder.gov/nho.

WORKING WELLNESS

At home and at work, good health starts with you.

Register Online with Your Insurance Companies to View Your Claims



You can register with our health insurance third party administrator, our pharmacy benefit management company, and the dental insurance company and view claims that have been processed. All you have to do is register on each website in order to view your claims. Below are the website addresses for each company:

Wells Fargo TPA: www.wellsfargo.com/tpa

WHI (Rx): www.mywhi.com

Delta Dental: www.deltadentalins.com



You can view your vision benefits and your eligibility information by visiting www.eyemedvisioncare.com and registering. Unfortunately, at this time, you are unable to view your vision insurance claims online. To speak to a customer service representative regarding your vision claims, please contact EyeMed at 1-866-723-0514. Just remember that when contacting EyeMed that your Member ID is your Social Security Number. In the EyeMed system, the field that contains your Social Security number is left blank or contains zeros. Their website also allows you to locate providers and order ID cards.



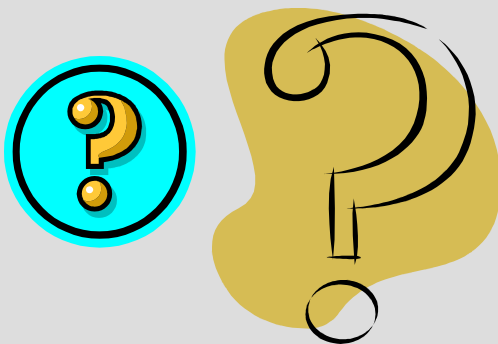
If you register on www.mywhi.com or on www.deltadentalins.com, there is an option to view and print out temporary insurance cards*.

** Please note: The Benefits Office no longer faxes insurance cards at a moments notice and there may be a 24-48 wait period for any requests for insurance cards.*

Deductible Waived?

Participant's Spouse or Domestic Partner, who is also an employee of an Employer, has elected family coverage under the Plan.

If you qualify for this benefit and would like your deductible waived or if you require further explanation of this benefit, please contact our office at (305) 292-4579.



Effective January 1, 2007, the Individual Calendar Year Deductible of \$300.00 will be waived in situations where the

ADVANTAGE 90TM

Don't forget about our Advantage 90TM program under the prescription plan.

Our prescription company, WHP Health Initiatives, Inc., offers a service called Advantage 90TM, allows you to get a 90-day supply of your maintenance medication at select retail outlets. The cost of the medication would be the same as the 90-day supply cost for the mail-in service.

	Retail (one month supply)	Mail-In / Advantage 90 TM (90 day supply)	Your savings when using Advantage 90 TM
Generic	\$ 10.00	\$ 25.00	\$5.00
Preferred Brand	\$ 25.00	\$ 62.50	\$12.50
Non-Preferred Brand	\$ 70.00	\$ 175.00	\$35.00

To find out if your local pharmacy participates in the Advantage 90TM program, contact WHP Health Initiatives, Inc. at 1-800-207-2568.

COMP CORNER

Providing you with continuous general information on your Workers' Compensation benefits.

In recent months the Benefits Office has experienced employees who notify us of a work-related injury after they have already sought treatment from an unauthorized physician.

Please be aware that you should notify our Office and complete a *First Report of Injury or Illness* prior to visiting a physician for an illness or injury you may have sustained at work.

Failure to do this may result in your visit not be covered by Workers' Compensation and the claim will not be covered under your health insurance coverage if it was a work-related injury or illness.

Injured workers are also encouraged to visit the Division of Workers' Compensation website at www.fldfs.com/wc where you will find extensive information such as publications, a number of databases, rules, and forms that will give you a better understanding of workers' compensation.